

Central Arkansas Alumnae Chapter, (501) 227-0858

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## President's Message:

Again, Sorors, where did 2007 go? Before I knew it, I looked up and it was holiday time. Thanksgiving just rolled right on by and now the race is on to finish Christmas shopping and start the process of reflection "Out with the old and in with the new". It is the time to remember all of the lessons learned and accomplishments of 2007, as well as set goals for 2008. In terms of Delta, it is time to start gearing up for Founder's day, dues renewal, and reclamation. Also, let us not forget that in January, it will be time to elect a Nominating Committee to determine a slate of officers to be presented in March and voted on in April. So, as you reflect on the coming year and start setting goals and resolutions, please remember CAAC's leadership needs. . .

In the spirit of balance and keeping with our themes for the month of December (book club selection: *Girl, Get Your Credit Straight*) and "What is Your Net Worth" exercise for chapter meeting, I want to share with you 5 tips I recently read on remaining debt-free during the holiday season:

1. Don't spend more money than you have. Pay with cash. If you use credit cards for holiday purchases, pay them off in January.
2. With family and friends, organize grab bags or pull names. Set spending limits.
3. Give a gift certificate offering your services such as baby sitting, house cleaning, gardening, or personal shopping. Many will appreciate such a thoughtful gesture.
4. Take time to make gifts of baked goods, scrapbooks, photo albums and hand-sewn items.
5. Buy gifts on sale during the off-season.

May your holiday season be bright and full of cheer.

Love,

Erica Jenkins  
President

## CAAC Reminders

- Δ Chapter meeting **Dec. 8** at the Main Library Darrough Room 11:00 am
- Δ Santa Letters money due during Chapter meeting **Dec. 8**
- Δ Delta Academy/GEMS **Dec. 15** at noon Dee Brown Library
- Δ Book Club meeting **Dec. 16**, 4 pm at The Laughing Moon Café  
722 N. Palm St. in Little Rock
- Δ Arkansas Statewide meeting **Feb. 8-10** in Fort Smith, AR
- Δ Founders Day **March 22, 2008**, 22<sup>nd</sup> National President Gwendolyn Boyd will speak. Location and time TBA.



### The Red Hot Readers

Meeting: December 16, 2007

Time: 4:00 – 6:00 p.m.

Location: The Laughing Moon  
Café at 722 N. Palm St. in LR

Book: *Girl, Get Your Credit  
Straight!: A Sister's Guide  
To Ditching Your Debt, Mending  
Your Credit, and Building a  
Strong Financial Future*  
By Glinda Bridgforth

For more information contact:

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## Delta Spotlight Marnishia Matthews

By: Angela Austin

Soror Marnishia Matthews was born in Ashdown, Arkansas to Mary Matthews of Ashdown and Todd Matthews of Dallas, TX. She has one brother, Toddrick Matthews.

She received her Bachelor of Arts degree in Professional & Technical Writing from the University of Arkansas at Little Rock.

Soror Matthews is employed by the University of Arkansas for Medical Science (UAMS).

Soror Matthews was initiated into the Mu Kapp Chapter on the campus of

UALR on November 30, 2005.

Marnishia is a new member of CAAC and currently serve on several committees.

Marnishia is also a proud member of the Order of Eastern Star. She volunteers her time with the Big Brothers Big Sisters program. She enjoys shopping, traveling, and relaxing with family and friends.

Soror Matthews' motto is: "*I am a Conquer..*"

## Thanksgiving Brunch 2007

By: Marnishia Matthews

The Membership and Program Planning & Development Committees collaborated together on Saturday, November 17, 2007 at 12:00 p.m. for Central Arkansas Alumnae Chapter's Annual Thanksgiving Brunch. The Thanksgiving Brunch was held at Pilgrim Valley Baptist Church located at 1821 Wolfe Street in Little Rock.

Soror Shirley Tyson opened the floor with greetings from the Program Planning & Development Committee. After welcome and greetings from Soror Erica Jenkins, Soror April Nichols led the members and participants in an icebreaker. The icebreaker, Scategory, evoked thought and encouraged everyone to work together in their teams to produce unduplicated answers to categories listed.

Soror Veronda Mc Quay-Brown prayed over the meal. We all feasted on a hearty meal of Turkey, dressing, chicken, sweet potato casserole, green beans, macaroni and cheese and dinner rolls with lemonade and tea to quinch the thirst. Desserts were plentiful and included, cheesecake, brownies, banana pudding, cookies and other sweets. After the meal, Sorors from the Program Planning & Development Committee played games with the Delta Academy/GEMS participants. The program adjourned at 2:00 p.m.

The event was a great success. There were 24 Sorors and 36 Delta Academy/GEMS participants present. The young ladies and their parents enjoyed the event. The Program Planning & Development Committee collected toiletries items for the Ronald McDonald House. The Membership Committee provided the Thanksgiving Dinner.



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*Come Grow With Us!*  
[www.caacdeltas.org](http://www.caacdeltas.org)

### A.S.A.P.

There's work to do, deadlines to meet;  
You've got no time to spare,  
But as you hurry and scurry-  
A.S.A.P. - ALWAYS SAY A PRAYER

In the midst of family chaos,  
"Quality time" is rare.  
Do your best; let God do the rest-  
A.S.A.P. - ALWAYS SAY A PRAYER.

It may seem like your worries  
Are more than you can bear.  
Slow down and take a breather-  
A.S.A.P. - ALWAYS SAY A PRAYER

God knows how stressful life is;  
He wants to ease our cares,  
And He'll respond to all your needs  
A.S.A.P. - ALWAYS SAY A PRAYER.

## Share-A-Night, Light-A-Life Holiday Celebration

By: Claudette Barbee

**Central Arkansas Alumnae Chapter** of Delta Sigma Theta Sorority, Inc. and members of Delta Academy/GEMS participated in the Ronald McDonald House® of Arkansas Annual Christmas Open House and Tree Lighting Ceremony on December 4.

Ronald McDonald House® of Arkansas is a *home away from home* for families whose child is being served at Arkansas Children's Hospital or adults who receive outpatient cancer treatments at the Arkansas Cancer Research Center or Central Arkansas Radiation Therapy Institute. The Share-A-Night, Light-A-Life holiday celebration provides an opportunity for RMH to invite the community and volunteers to celebrate the holiday with families in need.

This year's event presented an array of

talent with fun, food and fellowship. Entertainment was provided by the UALR International Children's Choir who performed selections of Christmas songs. Guests were invited to gather in the Ronald McDonald House to enjoy various foods and mingle with the families spending their Christmas away from home.

Over 20 Delta Academy/GEMS participants presented three beautiful baskets of toiletries they donated. Terry Crawford, Executive Director, Lisa Hall, Administrative Assistant, Connie Barnes, Day Manager, and Monica Sloan, Night Manager accepted the gifts on behalf of the families. They were delighted the young ladies provided such wonderful service to their community through giving. The gifts will indeed light a life this Christmas.



## DST Mission

Delta Sigma Theta Sorority, Incorporated is an organization of college educated women committed to constructive development of its members and to public service with a primary focus on the Black community.